

# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

☐ Check this box if no longer  
subject to Section 16. Form 4 or  
Form 5 obligations may continue.  
See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility  
Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* FREDRIC H. GOULD 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK NY 11021	2. Issuer Name and Ticker or Trading Symbol BRT REALTY TRUST [BRT]	5. Relationship of Reporting Person(s) to Issuer (check all applicable) <input checked="" type="checkbox"/> _X_ Director <input type="checkbox"/> ___ 10% Owner <input checked="" type="checkbox"/> _X_ Officer (give title below) <input type="checkbox"/> ___ Other (specify below)  CHAIRMAN OF BOARD
	3. Date of Earliest Transaction Required to be Reported (Month/Day/Year) 10/30/2009	
	4. If amendment, Date Original Filed (Month/Day/Year)	

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (mm/dd/yy)	2A. Deemed Execution Date, if any (mm/dd/yy)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, & 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3, & 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Shares of Beneficial Interest	10/30/2009		J		60,406 (1)	A	\$4.9128	318,462 (2) (3)	D	
Shares of Beneficial Interest	10/30/2009		J		7,033 (1)	A	\$4.9128	37,081 (4)	I	By corporation
Shares of Beneficial Interest	10/30/2009		J		4,791 (1)	A	\$4.9128	25,260 (5)	I	By partnership
Shares of Beneficial Interest	10/30/2009		J		5,876 (1)	A	\$4.9128	30,981 (6)	I	By spouse
Shares of Beneficial Interest	10/30/2009		J		6,308 (1)	A	\$4.9128	33,259 (7)	I	By trust
Shares of Beneficial Interest	10/30/2009		J		3,959 (1)	A	\$4.9128	20,874 (8)	I	By trust
Shares of Beneficial Interest	10/30/2009		J		47,527 (1)	A	\$4.9128	250,566 (9)	I	By trust
Shares of Beneficial Interest	10/30/2009		J		4,451 (1)	A	\$4.9128	23,469 (10)	I	By foundation
Shares of Beneficial Interest	10/30/2009		J		468 (1)	A	\$4.9128	2,468 (11)	I	As custodian
Shares of Beneficial Interest	10/30/2009		J		522,824 (1)	A	\$4.9128	2,757,437 (12)	I	By limited partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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## Form 4 (cont.)

Name and Address of Reporting Person  
 FREDRIC H. GOULD  
 60 CUTTER MILL ROAD, SUITE 303  
 GREAT NECK NY 11021

Issuer Name and Ticker or Trading Symbol  
 BRT REALTY TRUST [BRT]

Period Of Report  
 10/30/2009

**Table II -Derivative Securities Acquired, Disposed of, or Beneficially Owned  
 (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (mm/dd/yy)	3A. Deemed Execution Date, if any (mm/dd/yy)	4. Transaction Code (Instr. 8)		5. No. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, & 5)		6. Date Exercisable and Expiration Date (mm/dd/yy)		7. Title and Amount of Underlying Securities (Instr. 3 & 4)		8. Price of Derivative Security (Instr. 5)	9. No. of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3, & 4)	10. Ownership Form of Derivative Securities: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

## Explanation of Responses:

(1) - As a result of the dividend declared on September 14, 2009 and paid on October 30, 2009 to all stockholders of record on September 30, 2009, these additional shares were received by the reporting person.

(2) - Total includes shares in reporting person's IRA.

(3) - Includes shares owned by Gould General LLC, of which reporting person is sole member.

(4) - Reporting person is an officer and director of One Liberty Properties, Inc., the corporation which owns these shares..

(5) - Reporting person is a partner in 130 Store Company, which owns these shares.

(6) - Reporting person disclaims beneficial interest in these shares. Reporting person's spouse is a director of the Gould Shenfeld Family Foundation which owns 23,469 shares of issuer.

(7) - Reporting person is grantor of the Gould Family Trust, which owns these shares.

(8) - Reporting person is a trustee of BRT Realty Trust Pension Trust, which owns these shares.

(9) - Reporting person is a trustee of, and participant in, the pension and profit sharing trusts of REIT Management Corp., which owns these shares.

(10) - Reporting person is a director of the Gould Shenfeld Family Foundation.

(11) - Reporting person is custodian of these shares for a minor. Reporting person disclaims any beneficial interest in these shares.

(12) - Represents shares owned by Gould Investors L.P. Reporting person is sole shareholder and an executive officer of the corporate managing general partner of Gould Investors L.P. and sole member of a limited liability company which is the other general partner of Gould Investors L.P. Reporting person also holds limited partnership interests in Gould Investors L.P. both directly and indirectly. These shares represent all shares of issuer owned by Gould Investors L.P.

By: Fredric H. Gould by Simeon Brinberg, his  
 attorney in fact  
 \*\*Signature of Reporting Person

10/30/2009  
 Date

\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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