

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

OMB Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response......0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MITCHELL GOULD 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK NY 11021			S. Issuer Name and Ticker or Trading Symbol BRT REALTY TRUST [BRT] 3. Date of Earliest Transaction Required to be Reported (Month/Day/Year) 10/30/2009						5. Relationship of Reporting Person(s) to Issuer (check all applicable) Director 10% Owner _X_ Officer (give title below) Other (specify below) VICE PRESIDENT					
	4. I	4. If amendment, Date Original Filed (Month/Day/Year)					6. Individual or Joint/Group Filing (Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More Than One Reporting Person							
	le I - Non-	Dispose	ed of, or Beneficially Owned											
1. Title of Security	2.	2A. Deemed	ed 3. Transaction		4. Securities Acquired (A) or Dispose			of (D)	5. Amount of	6.	7. Nature of Indirect Beneficial			
(Instr. 3)	Transaction	Execution	n Code		(Instr. 3, 4, & 5)				Securities	Ownership	Ownership			
· · · · · · · · · · · · · · · · · · ·		Date, if any	(Instr. 8)					Beneficially		Form:	(Instr. 4)			
		(mm/dd/yy)			Amount		Price		Owned Following	Direct (D)				
					Alliount	(A)	FIICE		Reported	or Indirect (I)				
			Code	V		or			Transaction(s)	(Instr. 4)				
						(D)			(Instr. 3, & 4)					
Shares of Beneficial Interest	10/30/2009		J		10,279 (1)	Α		\$4.9128	64,979	D				

Form 4 (cont.) Name and Address of Reporting Person MITCHELL GOULD 60 CUTTER MILL ROAD, SUITE 303 GREAT NECK NY 11021

Issuer Name and Ticker or Trading Symbol BRT REALTY TRUST [BRT]

Period Of Report 10/30/2009

Table II -Derivative Securities Acquired, Disposed of, or Beneficially Owned															
(e.g., puts, calls, warrants, options, convertible securities)															
Derivative version Exercise (Instr. 3) Price of Derivati	2. Conversion or Exercise Price of Derivative Security	3. Trans- action Date (mm/dd/yy)		4. Transaction Code (Instr. 8)	S-	5. No. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, & 5)		6. Date Exercisable and Expiration Date (mm/dd/yy) Date Exer- Expiration		7. Title and Amount of Underlying Securities (Instr. 3 & 4) Title Amount or		8. Price of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Form of	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	cisable	Date		Number of Shares			or Indirect (I) (Instr. 4)	

Explanation of Responses:

(1) - As a result of the dividend declared on September 14, 2009 and paid on October 30, 2009 to all stockholders of record on September 30, 2009, these additional shares were received by the reporting person.

By: Mitchell Gould 10/30/2009 **Signature of Reporting Person Date

^{**}Intentional misstatements or omissions of facts constitute Federal Criminal Violations.