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## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB AP	PROVAL
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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	s)													
1. Name and Address of Reporting Person *- GOULD MATTHEW J				2. Issuer Nat	me <b>and</b> Ticker or Tr	ading Sy	mbo	1		5. Relationship of Reporting Person(s) to Issuer				
GOOLD MATTHEW J				BRT REA	LTY TRUST [B	RT]				X Director 10%	(Check all applicable) X Director 10% Owner			
(Last)		3. Date of Ea	arliest Transaction (M	Month/Day/	Year)			Officer (give title below)Other (specify below) Senior Vice President						
60 Cutter Mill Road, Suite 303				08/13/20	10									
	(Street)			4. If Amenda	ment, Date Original	Filed(Mor	nth/Da	ay/Year)			6. Individual or Joint/Group Filing(Check A	applicable Line)		
Great Neck NY 11	021										_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(State)	(Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)			Date	ansaction ath/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code		Dispose			5. Amount of Securities Beneficially Owned Following Reported Transaction(s (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I)	Beneficial Ownership	
Shares of Beneficial	Intonat					Code	V	Amount		Price	222.210(1)	(Instr. 4)		
											298,248 <sup>(1)</sup>	<u>ν</u>		
Shares of Beneficial	Interest										20,479 <sup>(2)</sup>	I	As custodian	
Shares of Beneficial	Interest										37,081 <sup>(3)</sup>	I	By corporation	
Shares of Beneficial	Interest										48,475 <sup>(4)</sup>	I	By spouse	
Shares of Beneficial	Interest										33,259 <sup>(5)</sup>	I	By trust	
Shares of Beneficial	Interest		08	3/13/2010		P		200	A	\$5	1,140 <sup>(6)</sup>	I	By children	
Shares of Beneficial	Interest										23,469 <sup>(7)</sup>	I	By foundation	
Shares of Beneficial	Interest		08	3/13/2010		P		1,000	A	\$5	2,772,818 <sup>(8)</sup>	I	By limited	

				partnership

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2.	3. Transaction	3A. Deemed	4.		5. Nur	nber of	6. Date Exer	rcisable	7. Tit	le and Amount of	8. Price of	9. Number	10.	11. Nature
Security	Conversion	Date	Execution Date, if	Transactio	on	Deriva	ative	and Expirati	on Date	Secu	rities Underlying	Derivative	of	Ownership	of Indirect
(Instr. 3)	or Exercise	(Month/Day/Year)	any	Code	de Securiti		ities	(Month/Day/Year)		Derivative Security		Security	Derivative	Form of	Beneficial
	Price of		(Month/Day/Year)	(Instr. 8)	tr. 8) Acquired (A)				(Instr. 3 and 4)		(Instr. 5)	Securities	Derivative	Ownership	
	Derivative				or Disposed							Beneficially	Security:	(Instr. 4)	
	Security				of (D)								Owned	Direct (D)	
					(Instr. 3, 4,							Following	or Indirect		
						and 5)							Reported	(I)	
					_						<u> </u>		Transaction	(Instr. 4)	
								Date	Expiration		Amount or Number of		(s)	·	
				Code	V	(A)	(D)	Exercisable	Date	Title	Shares		(Instr. 4)		

### **Reporting Owners**

Deporting Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
GOULD MATTHEW J 60 Cutter Mill Road, Suite 303 Great Neck NY 11021	X		Senior Vice President					

#### **Signatures**

Matthew J. Gould	08/17/2010
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- (1) Total includes shares owned by IRA of reporting person and shares owned by money purchase pension plan.
- (2) Reporting person holds these shares as custodian for his children. Reporting person disclaims any beneficial interest in these shares.
- (3) Reporting person is a senior vice president of One Liberty Properties, Inc., the corporation which owns these shares.
- (4) Reporting person disclaims any beneficial interest in these shares.
- (5) These shares are owned by a family trust of which reporting person is a trustee.
- (6) These shares are owned by children of reporting person who reside with reporting person. Reporting person disclaims any beneficial interest in these shares.
- (7) These shares are owned by a charitable foundation of which reporting person is a director.
- (8) These shares are owned by Gould Investors L.P. Reporting person is president of the corporate managing general partner of Gould Investors L.P., and holds limited partnership interests in Gould Investors L.P. These shares represent all shares of issuer owned by Gould Investors L.P.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.