

<b>FORI</b>	M 4
-------------	-----

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Expires:	December
	31, 2014
Estimated av erage burden	0.5
hours per response	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre GRASSI Lo	ess ofReporting Person * OUIS C	2. Issuer BRT REALTY	TRUST		cker or Trading Symbo	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last)	(First) (Mid	ddle)	3. Date of Earlies	t Transaction (Mor	nth/Day/ 01/06/20		Director 10% Owner Officer (give title below) Other (specify below)					
2001 MARC	CUS DRIVE	4. If Amendment, Date Original Filed (Month/Day/Year)					6. Individual or Joint/Group Filing (Will be automatically set)  Form filed by One Reporting Person					
	CESS, NY 11042						Formfiled by More than One Reporting Person					
(City)	(State)											
		Table I - I	Non-Derivative	Securities Ac	quired	, Disposed of, or	Beneficially	y Owned				
H 1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)	;	4. Securities Acquired (Instr. 3, 4 and 5)	A) or Disposed of	(D)	5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership	
d i n g			any (Month/Day/Year)	Code V		Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)	
	Shares of Beneficial Interest	01/06/2014		Α		3,250 (1)	A	\$0	28,593	D		

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

H o l d	1. Title of Derivative Security (Instr. 3)	or Exercise Price of	Date (Month/Day/Year)	Execution Date, if any		nstr. 8) Derivative Securities		Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	11. Nature of Indirect Beneficial
n g		Derivative Security		(Month/Day/Year)	Code	V	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Date Exercisable	Expiration Date		Amount or Number of Shares		Owned Following Reported Transaction(s)	Security: Direct (D) or Indirect	Ownership (Instr. 4)

## **Explanation of Responses:**

1. These shares were issued as restricted stock effective January 6, 2014, under the issuer's 2009 Incentive Plan. The shares vest January 6, 2019. The award is exempt from Section 16(b) under Rule 16b-3(d)(1).

Remarks:

Louis C. Grassi	01/06/2014
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this formare not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

<sup>\*</sup>If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).