



BRT APARTMENTS CORP. ANNOUNCES THIRD QUARTER 2019 EARNINGS RELEASE

Great Neck, New York – October 23, 2019 - BRT APARTMENTS CORP. (NYSE:BRT), a growing multi-family real estate investment trust with properties located primarily in the Southeast United States and Texas, today announced it will release financial results for the third quarter 2019 after market close on Wednesday, November 6, 2019.

Conference Call and Webcast Information:

The Company will host a conference call and webcast to review its financial results with investors and other interested parties at 8:30 a.m. ET on Thursday, November 7, 2019. The call will be hosted by Jeffrey A. Gould, Chief Executive Officer. To participate in the conference call, callers from the United States and Canada should dial 1-877-407-9208, and international callers should dial 1-201-493-6784, ten minutes prior to the scheduled call time. The webcast may also be accessed live by visiting the Company's investor relations website under the "webcast" tab at <https://brtapartments.com/investor-relations>.

Replay Information:

A replay of the conference call will be available after 11:30 a.m. ET on Thursday, November 7, 2019 through 11:59 p.m. ET on Thursday, November 21, 2019. To access the replay, listeners may use 1-844-512-2921 (domestic) or 1-412-317-6671 (international). The passcode for the replay is 13694740.

Additional Information:

BRT is a real estate investment trust that owns, operates and develops multi-family properties. Interested parties are urged to review the Form 10-Q to be filed with the Securities and Exchange Commission for the quarter ended September 30, 2019 and the supplemental disclosures regarding the quarter on the investor relations section of the Company's website at: <https://brtapartments.com/investor-relations> for further details. The Form 10-Q can also be accessed through the "Investor Relations" section of BRT's website. For additional information on BRT's operations, activities and properties, please visit its website at www.brtapartments.com.

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